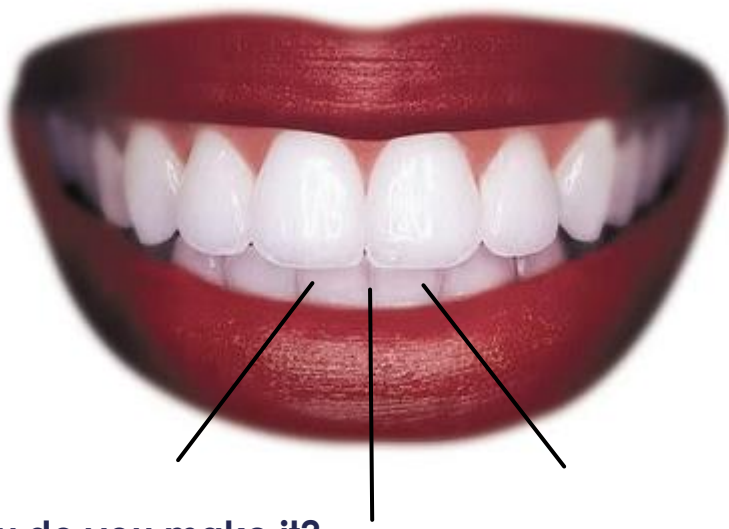




S SOUNDS @ HOME



How do you make it?

The first step in helping your child develop the “s” sound is by providing lots of chances for them to hear the sound. The more you use it, the more you are helping your child learn!

Make an “s” by smiling with your teeth closed and pushing air over your tongue smoothly. You can find where your tongue tip should be by making a “t” sound, and then blowing more air through. Use a mirror to make sure your tongue isn’t poking through your teeth!

When looking for “s” words, remember that sometimes the letter c can make the “s” sound, like in “cereal.” Also remember that some words may look like they start with “s”, but actually start with the “sh” sound, like “sugar”. Some words start with “s” and another consonant sound, like “star,” “slide,” and “smile” – these are called “s” blends and may be harder for some children to produce.

How can you help?

- Give the sound a meaningful and fun name. “S” is our “Snake Sound”. It makes a skinny hissing sound.
- Get face to face with your child when playing so they can hear and see what your mouth is doing. Show them where the sound is made by pointing to your mouth when making the sound. Or, emphasize the continuous airflow by running your finger down your arm while producing the sound.
- Use the sound in daily routines. For example, “Let’s put on your **s**ocks! **S**ocks starts with our snake sound.”

Daily Practice Ideas

Day 1: Read or listen to a book

“Brown Bear, Brown Bear, What Do You See?” by Bill Martin Jr. and Eric Carle

Day 2: Sing a song together, like this one:

“The Bear Went Over the Mountain”
(focus on “see” and “side”)

Day 3: Go on a treasure hunt around the house.

Look for things like socks, seeds, soap, sink, or salt, and things that are soft, silly, solid, silver, and more!

Day 4: Play a game with lots of “s” sounds like:

Hide and Seek (“I see you!”)

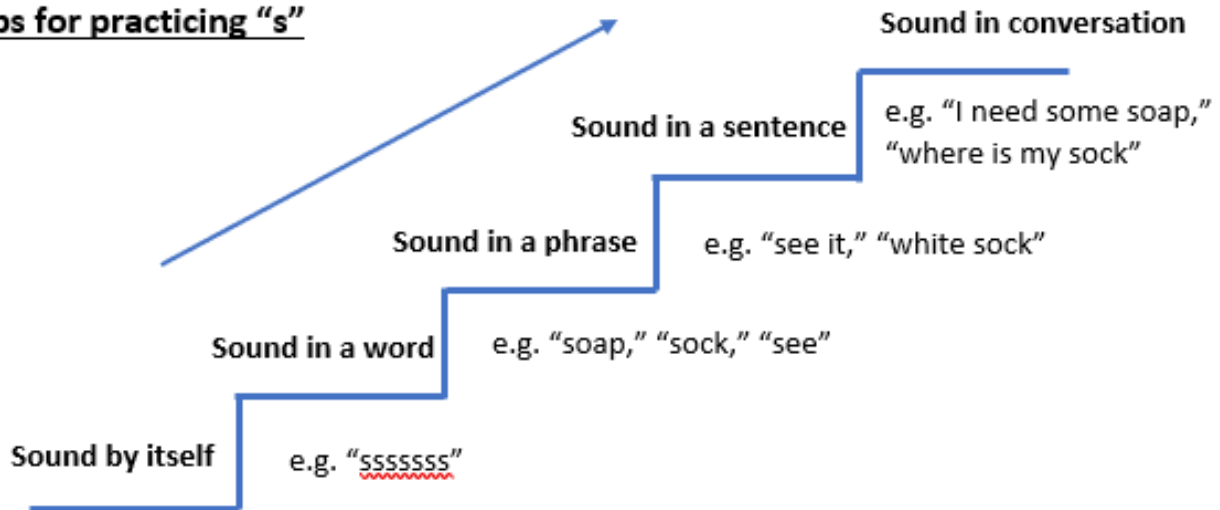
Day 5: Draw a city

Use words like: city, street, sun, stop sign, subway, sidewalk

See back of page for additional information and resources!

ADDITIONAL INFORMATION

Steps for practicing "s"



Check out these links for more resources and activity ideas



- [Pictures of words that start with "s"](#) – cut them out and practice by hiding them around the house and saying "I **s**ee..." when you find them, playing go fish ("these cards are the **s**ame"), feeding them to **s**ock puppets, or any other game you come up with.
- Songs & Rhymes: Check out www.youtube.com for lyrics to songs and rhymes like "Baby Beluga", "You Are My Sunshine", "Mr. Golden Sun", and "Wheels on the Bus" that you can sing with your child.
 - Don't forget – you can change the words to any song to make it work for the sound you want to practice. For example – you can sing "Old Macdonald" with "s" words ("... and on that farm he had some soap... with a scrub scrub here...", "...and on that farm he sang a song... with a sing sing here...").

